

# ACUPRESSURE POINTS IN YOUR LEGS

- 1-Sinus
- 2-Neck
- 3-Trachea
- 4-Ear
- 5-Eye
- 6-Vocal Cords
- 7-Lung
- 8-Shoulder
- 9-Thyroid
- 10-Diaphragm
- 11-Heart
- 12-Spleen
- 13-Pancreas
- 14-Adrenal Gland
- 15-Kidney
- 16-Transverse Colon
- 17-Bladder
- 18-Small Intestine
- 19-Descending Colon
- 20-Sciatic Nerve
- 21-Knee
- 22-Thigh
- 23-Hip
- 24-Gallbladder
- 25-Liver
- 26-Stomach

